

I am a Board-certified Child and Adolescent Psychiatrist practicing in various clinical settings over the past 13 years.

I was raised in the Philadelphia (PA) area, and went on to complete my medical education in India. Following return to the US I had completed a three years Adult Psychiatry Residency at Wake Forest University-Baptist Medical Center in Winston-Salem, NC. This was followed by a two years Child & Adolescent Psychiatry fellowship program at the Institute of Living-Hartford Hospital in Hartford, CT, where I served as Chief Resident of the Program in my second year. I have completed Board certifications in Adult Psychiatry and Child & Adolescent Psychiatry. I am a current active member of the American Academy of Child & Adolescent Psychiatry

My extensive experience has included practicing in Acute Inpatient hospital settings, Adolescent Partial Hospitalization Programs, Community Mental Health Centers, as well as Outpatient Private Practice. Currently my focus of practice is Outpatient Child & Adolescent Psychiatry. I provide evidence-based assessment and treatment of children and adolescents for the most effective care. My approach to treatment is based on biological, psychological, and social aspects of development and its effect on current functioning. I work collaboratively with Psychologists, therapists and other community providers and school faculty, to provide integrated care for the patient and family. I provide diagnostic assessments and ongoing treatment planning to include medication management in children, adolescents, and young adults up to age 18.